

Revised audio script for Vital Arts, October 2023, by Limina Collective



Darren Almond, FULLMOON@KANAAL (2001); lambda print; 121.5 x 121.5cm

Length of recording: 4+ minutes

Word count: 316

Thanks for joining this 4-minute recording, from Vital Arts and Limina Collective.
Take a restful pause in your day by spending some time with one artwork and, for a few moments, setting aside any thoughts that occupy your mind.

My name is Lucia van der Drift and I will be your guide exploring the photograph in front of you: *FullMoon@Kanaal* by Darren Almond.

Before we begin, let's first feel the feet firmly on the ground.
Then briefly take note of the landscape around you:
the walls,
floors
and ceiling of the space you are in.

Then softly come back to the artwork.

Let the eyes rest in the hazy whites at the bottom of this image.
And at the top.

Then, staying at the top,
noticing the white merging with the pale colours of the sky.

Let's gently lower the gaze till we meet a dark green treeline
and observe it gently rising
and falling.

Now finding patches of greens that are more intense, brighter, or stronger.
and then a cluster of dark bushes along this canal.

Noticing their reflection in the water.

Taking some time to explore the softened, feathery edge of the foliage here.

Then, as we move our gaze more to the right,
meeting any straight lines in the reflections.

Let's look carefully at the grid shape we can see in the water,
fading in places through bright white light.

Then arriving above the water again and finding
a white lattice bridge.

Taking a moment to pause here

and then taking in the whole artwork again

with all its elements:

the grasses,
trees,
sky,
the water
and the reflections,
and the bridge.

Perhaps the bridge can help us arrive into our own space again.

Feel those feet firmly on the ground.

As we make our own way from here,
perhaps we can take some of the serenity of this artwork
with us.